

## Zeiten

| Startnummer | Zeit     | Vorname       | Nachname        | Klasse | Strecke | Verein                        |
|-------------|----------|---------------|-----------------|--------|---------|-------------------------------|
| 31          | 00:21,10 | Henrik        | Bauer           | M40    | 5,5 km  | SSV Bredenbek                 |
| 41          | 00:21,49 | Eric          | Meyer           | MJA    | 5,5 km  | SV Delfin                     |
| 85          | 00:23,38 | Jörg          | Henningsen      | M45    | 5,5 km  | SSV Bredenbek                 |
| 81          | 00:23,53 | Luke          | Danklefsen      | MSB    | 5,5 km  | Spvg Eidertal Molfsee         |
| 83          | 00:24,32 | Reiner        | Hauberg         | M35    | 5,5 km  |                               |
| 54          | 00:25,18 | Kristof       | Luth            | MSB    | 5,5 km  | Eidertal-Molfsee              |
| 45          | 00:25,32 | Finn          | Flebbe          | MSA    | 5,5 km  |                               |
| 22          | 00:25,46 | Arno          | Schlösser       | M50    | 5,5 km  |                               |
| 38          | 00:25,52 | Ronja         | Schuldt         | W20    | 5,5 km  |                               |
| 25          | 00:26,04 | Kathrin       | Brassel         | W45    | 5,5 km  |                               |
| 47          | 00:26,42 | Tjorben       | Mattschull      | MSB    | 5,5 km  | Mielkendorf/Molfsee           |
| 16          | 00:27,34 | Jürgen        | Weißer          | M55    | 5,5 km  | DAV                           |
| 15          | 00:27,46 | Dietmar       | Köhler          | M55    | 5,5 km  |                               |
| 23          | 00:27,47 | Eva           | Müller-Meernach | W50    | 5,5 km  | TriTeam Neumünster            |
| 79          | 00:28,03 | Oliver        | Kliss           | M45    | 5,5 km  |                               |
| 46          | 00:28,21 | Ayleen        | Balensiefer     | WSA    | 5,5 km  | HSG MIMO                      |
| 50          | 00:28,30 | Leonie        | Breindl         | WSB    | 5,5 km  | HSG Mielkendorf / Molfsee     |
| 27          | 00:28,36 | Matthias      | Breindl         | M45    | 5,5 km  | SpVg Eidertal Molfsee         |
| 26          | 00:28,36 | Thomas        | Schultz         | M45    | 5,5 km  | Weizenbierfreunde Brunswik    |
| 82          | 00:28,38 | Cliff         | Danklefsen      | MSC    | 5,5 km  | SpVg Eidertal Molfsee         |
| 65          | 00:29,14 | David         | Riederle        | MSC    | 5,5 km  | Grün-Weiß Mielkendorf 73 e.V. |
| 32          | 00:29,16 | Thorsten      | Rüter           | M40    | 5,5 km  | -                             |
| 48          | 00:29,24 | Lukas         | Schünemann      | MSB    | 5,5 km  | Grün-Weiß Mielkendorf 73 e.V. |
| 84          | 00:29,33 | Paul          | Schirren        | MSC    | 5,5 km  |                               |
| 77          | 00:29,43 | Aaron         | Balensiefer     | MSD    | 5,5 km  | HSG MIMO                      |
| 37          | 00:30,02 | Kristian      | Hobbie          | M30    | 5,5 km  |                               |
| 30          | 00:30,12 | Anett         | Brune           | W40    | 5,5 km  | KICK Laufteam Räucherei       |
| 33          | 00:30,50 | Anja          | Breindl         | W40    | 5,5 km  | SpVg Eidertal Molfsee         |
| 62          | 00:31,17 | Finja         | Heil            | WSC    | 5,5 km  | HSG Mielkendorf-Molfsee       |
| 19          | 00:32,32 | Katrin        | Stamer-Weißer   | W50    | 5,5 km  |                               |
| 68          | 00:32,56 | Melanie       | Gaub            | WSD    | 5,5 km  | KICK Laufteam Räucherei       |
| 64          | 00:33,08 | Jona Marie    | Rathje          | WSC    | 5,5 km  | MiMo                          |
| 40          | 00:33,42 | Kim Katharina | Weißer          | W20    | 5,5 km  |                               |
| 75          | 00:33,43 | Pia           | Reese           | WSD    | 5,5 km  |                               |
| 67          | 00:33,46 | Finja         | Herzig          | WSD    | 5,5 km  |                               |
| 69          | 00:33,47 | Cecilie       | Breindl         | WSD    | 5,5 km  | HSG Mielkendorf / Molfsee     |
| 61          | 00:33,56 | Pia Sophie    | Schwenke        | WSC    | 5,5 km  | SG Mimo                       |
| 51          | 00:34,08 | Lysann        | Balensiefer     | WSB    | 5,5 km  | HSG Mielkendorf / Molfsee     |
| 74          | 00:34,27 | Brigit        | Reese           | W40    | 5,5 km  |                               |
| 13          | 00:34,32 | Peter         | Woloszyn        | M60    | 5,5 km  |                               |
| 44          | 00:34,38 | Mattis        | Quentin         | MSA    | 5,5 km  | Grün-Weiß Mielkendorf 73 e.V. |
| 14          | 00:34,40 | Dieter        | Uecker          | M60    | 5,5 km  | LG Albatros Kiel              |
| 49          | 00:34,46 | Simon         | Schünemann      | MSB    | 5,5 km  | Grün-Weiß Mielkendorf 73 e.V. |
| 42          | 00:34,52 | Lynn          | Barz            | WJB    | 5,5 km  |                               |
| 73          | 00:35,13 | Greta         | Prang           | WSC    | 5,5 km  |                               |
| 177         | 00:35,33 | Hans          | Peters          | M40    | 10 km   | USC Kiel                      |
| 39          | 00:35,46 | Amelie        | Prang           | WSB    | 5,5 km  |                               |
| 56          | 00:35,57 | Sören         | Mattschull      | MSB    | 5,5 km  | Grün-Weiß Mielkendorf 73 e.V. |
| 20          | 00:36,14 | Gabriele      | Surrey          | W50    | 5,5 km  |                               |
| 57          | 00:36,40 | Dennis        | Nay             | MSC    | 5,5 km  | THW kiel                      |
| 53          | 00:36,41 | Alina         | Kohn            | WSB    | 5,5 km  | Grün-Weiß Mielkendorf 73 e.V. |
| 29          | 00:36,44 | Frank         | Nay             | M40    | 5,5 km  | HSG Mi/Mo                     |
| 71          | 00:37,11 | Linus Noah    | Schwenke        | MSD    | 5,5 km  | THW                           |

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|-------------|----------|-------------|--------------|--------|---------|-----------------------------------|
| 80          | 00:37,12 | Lasse       | Heil         | MBAM   | 5,5 km  |                                   |
| 28          | 00:37,23 | Susanne     | Watterott    | W40    | 5,5 km  | 4 Fun Fitness Kiel                |
| 190         | 00:38,46 | Reyk        | Herzog       | M35    | 10 km   | Kieler Radsportverein             |
| 24          | 00:39,15 | Eugen       | Barz         | M45    | 10 km   |                                   |
| 167         | 00:39,30 | Holger      | Wiesner      | M45    | 10 km   | SSV Bredenbek                     |
| 76          | 00:39,45 | Luca        | Reese        | MSC    | 5,5 km  |                                   |
| 58          | 00:39,56 | Elfi        | Rosenbaum    | WSC    | 5,5 km  | SpVg Eidertal Molfsee             |
| 146         | 00:39,57 | Ole         | Neumann      | M20    | 10 km   |                                   |
| 159         | 00:39,59 | Olaf, Dr.   | Ketels       | M50    | 10 km   | Volksläufer                       |
| 140         | 00:40,11 | Marcus      | Rathjen      | M40    | 10 km   | Ltv KIEL -OST                     |
| 1           | 00:41,18 | Bernd       | Cohrt        | M60    | Walking | TSV Flintbek                      |
| 60          | 00:41,27 | Miriam      | Brune        | WSC    | 5,5 km  | KICK Laufteam Räucherei           |
| 52          | 00:41,36 | Franca      | Kohn         | WSB    | 5,5 km  | Grün-Weiß Mielkendorf 73 e.V.     |
| 55          | 00:41,42 | janine      | rathje       | WSB    | 5,5 km  |                                   |
| 199         | 00:41,46 | Christopher | Behrmann     | MJB    | 10 km   | Schiri                            |
| 144         | 00:41,51 | Sönke       | Rave         | M40    | 10 km   | USC Kiel                          |
| 78          | 00:42,26 | Gertje      | Freese       | W60    | 5,5 km  |                                   |
| 59          | 00:42,40 | Emin Can    | Obur         | MSC    | 5,5 km  | KICK Laufteam Räucherei           |
| 11          | 00:43,08 | Stephanie   | Petersen     | W40    | Walking | Grün-Weiß Mielkendorf 73 e.V.     |
| 3           | 00:43,11 | eicke       | winck        | W55    | Walking |                                   |
| 2           | 00:43,11 | gerhard     | winck        | M55    | Walking |                                   |
| 145         | 00:43,26 | Nils        | Neumann      | M20    | 10 km   |                                   |
| 163         | 00:44,20 | Helmut      | Mahncke      | M45    | 10 km   |                                   |
| 195         | 00:45,06 | Robin       | Klauß        | M30    | 10 km   | ZippelŽs Läuferteam               |
| 142         | 00:45,26 | Peter       | Thun         | M55    | 10 km   | SpVg Eidertal Molfsee             |
| 183         | 00:45,29 | Cornelia    | Gerhardy     | W40    | 10 km   |                                   |
| 197         | 00:45,31 | Lena        | Schuldt      | W20    | 10 km   |                                   |
| 178         | 00:45,42 | Stefan      | Kähler       | M40    | 10 km   | LTV Kiel-Ost                      |
| 188         | 00:46,03 | Roman       | Golinski     | M35    | 10 km   | SCF Ottendorf                     |
| 141         | 00:46,19 | Klaus       | Jensen       | M45    | 10 km   | Ltv KIEL -OST                     |
| 158         | 00:46,30 | Hubertus    | Hencke       | M50    | 10 km   |                                   |
| 170         | 00:46,47 | Arne        | Müller       | M45    | 10 km   |                                   |
| 166         | 00:48,07 | Thomas      | Rösner       | M45    | 10 km   | MTV Heide                         |
| 8           | 00:48,09 | Christine   | Wittenbecher | W45    | Walking | Grün-Weiß Mielkendorf 73 e.V.     |
| 192         | 00:48,11 | Stefan      | Lorenzen     | M30    | 10 km   | Fliegender Adler                  |
| 6           | 00:48,17 | Gaston      | Petersen     | M45    | Walking | Grün-Weiß Mielkendorf 73 e.V.     |
| 7           | 00:48,18 | Bernd       | Wittenbecher | M45    | Walking | Grün-Weiß Mielkendorf 73 e.V.     |
| 181         | 00:48,21 | Norbert     | Jeß          | M40    | 10 km   |                                   |
| 161         | 00:49,01 | Frank       | Behrmann     | M50    | 10 km   | Schiri                            |
| 185         | 00:49,03 | Kirstin     | Balensiefer  | W40    | 10 km   |                                   |
| 173         | 00:49,06 | Gunther     | Westhöfer    | M45    | 10 km   | Wilferth & Westhöfer Vers.-makler |
| 193         | 00:49,09 | Manja       | Müller       | W30    | 10 km   | SC Müller                         |
| 196         | 00:49,10 | Thomas      | Lorenzen     | M30    | 10 km   | Fliegender Adler                  |
| 171         | 00:49,55 | Eric        | Balensiefer  | M45    | 10 km   |                                   |
| 176         | 00:49,57 | Stephan     | Berger       | M40    | 10 km   |                                   |
| 182         | 00:50,55 | Heike       | Matzke       | W40    | 10 km   |                                   |
| 165         | 00:51,10 | Torsten     | Kunze        | M45    | 10 km   |                                   |
| 180         | 00:51,25 | Andrea      | Martin       | W40    | 10 km   |                                   |
| 150         | 00:51,38 | Berrhard    | Dechan       | M45    | 10 km   |                                   |
| 149         | 00:52,01 | Peter       | Hopp         | M70    | 10 km   | LtV KIEL -OST                     |
| 143         | 00:53,03 | Gerd        | Hauschild    | M60    | 10 km   |                                   |
| 157         | 00:53,54 | Stefan      | Krohn        | M50    | 10 km   | LT Kiellinie 03                   |
| 187         | 00:54,26 | Jörg        | Schulz       | M40    | 10 km   |                                   |

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|-------------|----------|----------|-----------------|--------|---------|-------------------------------|
| 164         | 00:54,35 | Hauke    | Ment            | M45    | 10 km   |                               |
| 155         | 00:54,41 | Sigrid   | Olesen          | W60    | 10 km   | TSV Flintbek                  |
| 184         | 00:55,10 | Andreas  | Dössel          | M40    | 10 km   |                               |
| 179         | 00:55,16 | Torsten  | Stankat         | M40    | 10 km   | TSV Bordesholm                |
| 139         | 00:55,24 | Andre    | Jeschkeit       | M45    | 10 km   | LT Schulensee                 |
| 9           | 00:55,57 | Annegret | Kohn            | W45    | Walking | Grün-Weiß Mielkendorf 73 e.V. |
| 10          | 00:55,58 | doris    | rathje          | W45    | Walking | Grün-Weiß Mielkendorf 73 e.V. |
| 5           | 00:55,59 | Gaby     | Dersein         | W50    | Walking |                               |
| 147         | 00:57,04 | Jago     | Rahlf           | M40    | 10 km   |                               |
| 200         | 00:59,45 | Ronja    | Herzig          | WSA    | 10 km   |                               |
| 186         | 00:59,45 | Birger   | Schubeus        | M40    | 10 km   |                               |
| 175         | 01:01,44 | Sabine   | Neubauer        | W45    | 10 km   | GW-Mielkendorf                |
| 153         | 01:04,31 | Rita     | Rieger-jankwitz | W60    | 10 km   |                               |
| 168         | 01:05,49 | Michael  | Berns           | M45    | 10 km   |                               |
| 152         | 01:08,40 | Hans     | Jäger           | M60    | 10 km   | KICK Laufteam Räucherei       |